



| | Toevoegingen | | | | | | | | | | Gedecl. Allergenen | | | |
|--|------------------|-----------------------------------|---------------------------|--------------------|--------------------|-----------|----------------|------------------------------|----------|--------------|----------------------|----------------------|------|--------|
| | Natuurlijk aroma | Gemodificeerd maïszetmeel (E1422) | Ascorbinezuur vitC (E300) | Citroenzuur (E330) | Calciumchloride ** | Kleurstof | Kaliumchloride | Natriummeta bisulfiet (E223) | Zoetstof | EDTA* (E385) | Kaliummeta-bisulfiet | Crème fraiche / room | Soja | Gluten |
| WINTERGROENTEN | | | | | | | | | | | | | | |
| Rode kool | | | | | | | | | | | | | | |
| Rode kool met appel | | | | | | | | | | | | | | |
| Rode kool met cranberry | X | | | | | | | | | | | | | |
| Rode kool met peer / kaneel | | | | | | | | | | | | | | |
| Rode kool met appel 0% zout | | | | | | | | | | | | | | |
| Rode kool met appel 0% zout en 0% suiker | X | | | | | | | | | | | | | |
| Spruiten | | | | X | | | | | | | | | | |
| Wijnzuurkool | X | | | | | | | | | | | | | |
| Boerenkool | | | | | | | | | | | | | | |

| | | | | | | | | | | | | | | |
|------------------------------|---|--|---|---|--|--|--|--|---|--|--|--|--|--|
| ZOMERGROENTEN | | | | | | | | | | | | | | |
| Wortelen | | | | | | | | | | | | | | |
| Doperwten | | | | | | | | | | | | | | |
| Dop / Wortel | | | | | | | | | | | | | | |
| Dop / Wortel 0% zout | | | | | | | | | | | | | | |
| Sperziebonen | X | | | | | | | | | | | | | |
| Bladspinazie | | | | | | | | | | | | | | |
| Haricots vert | | | | | | | | | | | | | | |
| Tuinbonen | | | | | | | | | | | | | | |
| Veldertjes | | | | | | | | | X | | | | | |
| Gesneden bonen | X | | | | | | | | | | | | | |
| Gesneden bonen / witte bonen | X | | | | | | | | | | | | | |
| Mais | | | X | X | | | | | | | | | | |



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| | Natuurlijk aroma | Gemodificeerd maiszetmeel (E1422) | Ascorbinezuur vitC (E300) | Citroenzuur (E330) | Calciumchloride ** | kleurstof | kaliunchloride | natriummeta bisulfiet (E223) | Zoetstof | EDTA* (E385) | Kaliummeta-bisulfiet (E224) | Creme fraiche / room | Soja | Gluten |
| OVERIGE GROENTEN | | | | | | | | | | | | | | |
| Rode bieten sticks en schijven | | | | | | | | | | | | | | |
| Rode bieten 0% zout | | | | | | | | | | | | | | |
| Rode bieten 0% zout en 0% suiker | | | | | | | | | | | | | | |
| Rode bieten met ui | | | | | | | | | | | | | | |
| Asperges | | | X | X | | | | | | | | | | |
| Schorseneren | | | X | X | | | | | | | | | | |
| Roomspinazie | X | | | | | | | | | | X | | | |

| | | | | | | | | | | | | | | |
|---|---|--|--|--|--|---|--|--|--|---|--|--|--|--|
| PEULVRUCHTEN in pot | | | | | | | | | | | | | | |
| Hollandse bruine bonen | | | | | | X | | | | X | | | | |
| Hollandse bruine bonen 0% zout | | | | | | | | | | X | | | | |
| Hollandse bruine bonen 0% zout en 0% suiker | | | | | | | | | | X | | | | |
| Witte bonen in tomatensaus | X | | | | | | | | | | | | | |
| Witte bonen in tomatensaus 0% zout | | | | | | | | | | | | | | |
| Witte bonen in tomatensaus 0% zout en 0% suiker | X | | | | | | | | | | | | | |
| Kapucijners | | | | | | | | | | X | | | | |
| Witte bonen | | | | | | | | | | | | | | |
| Kikkererwten | | | | | | | | | | | | | | |
| Kidneybonen | | | | | | | | | | | | | | |



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| | Natuurlijk aroma | Gemodificeerd maizetmeel (E1422) | Ascorbinezuur vitC (E300) | Citroenzuur (E330) | Calciumchloride ** | kleurstof | kaliunchloride | natriummeta bisulfiet (E223) | Zoetstof | EDTA* (E385) | Kaliummeta-bisulfiet (E224) | Creme fraiche / room | Soja | Gluten |
| Bonenmix mexicaans | | | X | | | | | | | X | | | | |
| BM kidney reuzenboon | | | X | | | | | | | X | | | | |
| Bonenmix voor chili con carne | | | X | | | | | | | X | | | | |

BONENSCHOTELS pot

| | | | | | | | | | | | | | | |
|------------------------------|---|--|--|---|--|--|--|--|--|--|--|--|--|--|
| Bonenschotel Chili Con Carne | X | | | X | | | | | | | | | | |
| Bonenschotel Mexicaans | X | | | | | | | | | | | | | |

PEULVRUCHTEN stazak

| | | | | | | | | | | | | | | |
|-----------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| Linzen | | | | | | | | | | | | | | |
| Zwarte bonen | | | | | | | | | | | | | | |
| Kikkererwten | | | | | | | | | | | | | | |
| Kleine kidneybonen | | | | | | | | | | | | | | |
| Rood bruine bonen mix | | | | | | | | | | | | | | |
| Edamame bonen | | | | | | | | | | | | | | |



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| BONENSCHOTEL stazak | | | | | | | | | | | | | | |
| Kidney chili | | | | | | | | | | | | | | |
| Bonenschotel | | | | | | | | | | | | | | |
| Linzencurry | | | | | | | | | | | | | | |
| Burritoschotel | | | | | | | | | | | | | | |
| Bolognese schotel | | | | | | | | | | | | | | |
| Chili sin carne schotel | | | | | | | | | | | | | | |
| Stoofpot schotel | X | | | | | | | | | | | | | |

| GROENTESCHOTEL stazak | Natuurlijk aroma | Gemodificeerd maizetmeel (E1422) | Ascorbinezuur vitC (E300) | Citroenzuur (E330) | Calciumchloride ** | kleurstof | kaliumchloride | natriummeta bisulfiet (E223) | Zoetstof | EDTA* (E385) | Kaliummeta-bisulfiet (E224) | Creme fraich / room | Soja | Gluten |
|--------------------------------|------------------|----------------------------------|---------------------------|--------------------|--------------------|-----------|----------------|------------------------------|----------|--------------|-----------------------------|---------------------|------|--------|
| Mexicaanse groenteschotel | | | | | | | | | | | | | | |
| Italiaanse groenteschotel | | | | | | | | | | | | | | |
| Pizza groenteschotel | | | | | | | | | | | | | | |
| Lasagne groenteschotel | | | | | | | | | | | | | | |
| Kerrie groenteschotel | | | | | | | | | | | | | | |
| Champignon room groenteschotel | X | | X | | | | | | | | | X | | |

| PEULVRCHTEN gedroogd | Natuurlijk aroma | Gemodificeerd maizetmeel (E1422) | Ascorbinezuur vitC (E300) | Citroenzuur (E330) | Calciumchloride ** | kleurstof | kaliumchloride | natriummeta bisulfiet (E223) | Zoetstof | EDTA* (E385) | Kaliummeta-bisulfiet (E224) | Creme fraich / room | Soja | Gluten |
|-----------------------------|------------------|----------------------------------|---------------------------|--------------------|--------------------|-----------|----------------|------------------------------|----------|--------------|-----------------------------|---------------------|------|--------|
| Split erwten | | | | | | | | | | | | | | |
| Groene erwten | | | | | | | | | | | | | | |
| Hollandse bruine bonen | | | | | | | | | | | | | | |
| Blonde linzen | | | | | | | | | | | | | | |



| APPELMOES | Toevoegingen | | | | | | | | | | | Gedecl. Allergenen | | |
|---------------------------|------------------|-----------------------------------|---------------------------|--------------------|--------------------|-----------|----------------|------------------------------|----------|--------------|----------------------------|----------------------|------|--------|
| | Natuurlijk aroma | Gemodificeerd maiszetmeel (E1422) | Ascorbinezuur vitC (E300) | Citroenzuur (E330) | Calciumchloride ** | kleurstof | Kaliumchloride | natriummeta bisulfiet (E223) | Zoetstof | EDTA* (E385) | Kaliummetabisulfiet (E224) | Creme fraiche / room | Soja | Gluten |
| Appelmoes extra kwaliteit | | | X | | | | | | | | | | | |
| Appelmoes kaneel | | | X | | | | | | | | | | | |
| Appelmoes kaneel 0% | | | | | | | | | | | | | | |
| Puur moes | | | X | | | | | | | | | | | |
| Appelmoes 0% | | | X | | | | | | | | | | | |
| Appelmoes light | | | X | | | | | | X*** | | | | | |

| COMPOTE | | | | | | | | | | | | | | |
|-------------------|--|--|---|---|--|--|--|--|--|--|--|--|--|--|
| Appelcompote | | | X | X | | | | | | | | | | |
| Appelcompote 0% | | | X | | | | | | | | | | | |
| Appelmoes grof | | | X | | | | | | | | | | | |
| Appelmoes grof 0% | | | X | | | | | | | | | | | |
| Rabarbercompote | | | X | X | | | | | | | | | | |



| VLAAIFRUIT | | | | | | | | | | | | | |
|----------------------|---|---|--|---|--|-------|--|--|--|--|--|--|--|
| Vlaaifruit kers | X | X | | | | | | | | | | | |
| Vlaaifruit aardbei | X | X | | X | | X**** | | | | | | | |
| Vlaaifruit bosvrucht | X | X | | | | | | | | | | | |

* Hulpstof EDTA (Ethyleen Diamine Tetra Acetat = E 385) is een, in Europa goedgekeurde, stabilisator. Hierover worden regelmatig vragen gesteld vandaar dat we hier wat dieper op ingaan. Sommige peulvruchten, of bonen, bevatten van nature vrij veel ijzer. Dit ijzer oxideert en kan daarmee de peulvruchten zwart verkleuren. Om deze verkleuring tegen te gaan is het gebruikelijk om EDTA toe te voegen. Natuurlijk in minimale hoeveelheden die volledige goedgekeurd en veilig voor dit gebruik zijn. Als je producten wilt eten waaraan geen EDTA toegevoegd is, dan kan je kiezen voor bijvoorbeeld witte bonen in pot, peulvruchten in stazak of zelf gedroogde bruine bonen opweken en koken.

** Calciumchloride is een zout dat van nature voorkomt in diverse mineralen

*** Steviolglycosiden is een natuurlijke zoetstof uit de stevia plant

**** Karmijnzuur (E120) en Bètacaroteen (E160)